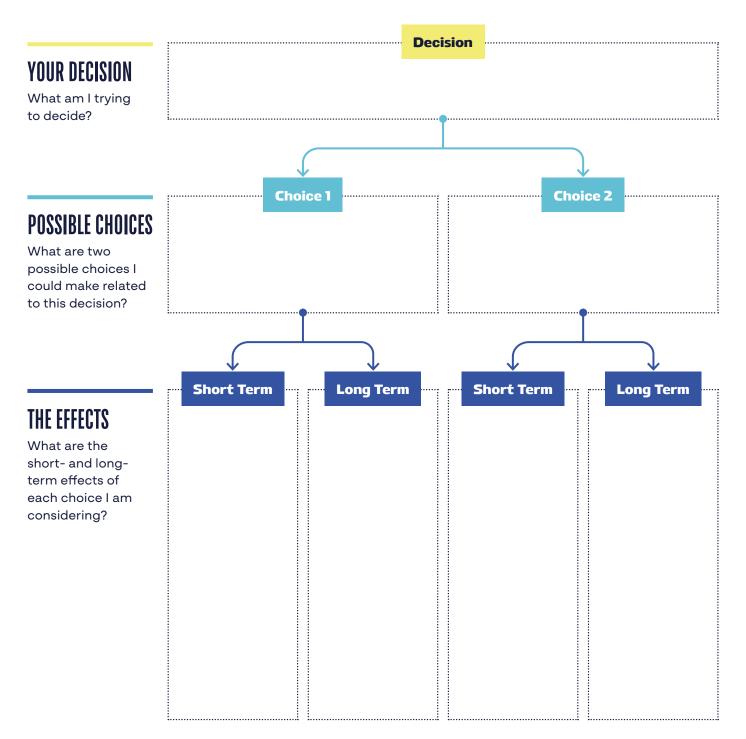


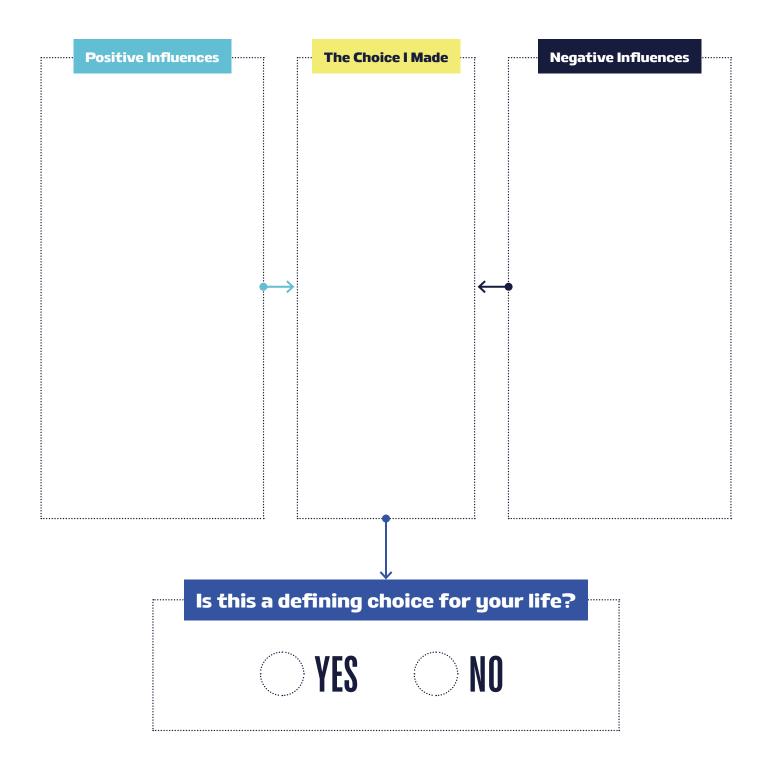
## **DECISION-MAKING EXERCISE**

Sometimes it's hard to know if or how the decisions we make today will impact us in the future, whether that's in an hour, tomorrow, or a year from now. When the choices we make impact us over a long period of time, they can be *defining choices*. There are times defining choices are obvious and other times, not so much. Let's practice a decision-making skill that can be applied to many decisions you will make in life.



## **QUESTIONS TO CONSIDER**

What or who in my life is influencing this decision and how? How much does this influence me?





Learn more about making smart choices: TheFactsYourFuture.org