



# MARIJUANA

**TYPE : Stimulant, Depressant  
& Hallucinogenic Properties**

**Just say no,  
and here's why...**

**THE  
FACTS.  
YOUR  
FUTURE.**

# Marijuana Facts

## OVERVIEW

While your brain is still developing, regular marijuana use leads to lower IQ and difficulty retaining new information. Marijuana use has also been linked to increased risk of mental health issues such as anxiety, depression, and psychosis.

## WHAT IT LOOKS LIKE

Marijuana is a mix of dried green or brown flowers, stems, seeds, and leaves. It usually looks green, brown, or gray and can look like tobacco. Sometimes it may be purple, orange, or reddish in color. Marijuana can also come in liquid form as a concentrated THC extract known as liquid THC.

## DANGERS OF MARIJUANA

Not only does marijuana use cause impaired short-term memory, perception, judgment, and loss of motor skills, but heavy marijuana usage in teens can permanently decrease your IQ.

When smoked, THC from marijuana goes into the bloodstream and then to the brain. High doses of marijuana can also be linked to depression, anxiety, suicide, and even provoke a psychotic episode, or temporary break with reality.


### SHORT-TERM EFFECTS INCLUDE PROBLEMS WITH:

- Memory
- Learning
- Problem-solving
- Coordination

### FREQUENT LONG-TERM USE CAN CAUSE:

- Physical dependence
- Psychological addiction
- Bronchitis
- Emphysema
- Bronchial asthma

**COMMON NAMES:** Dope, Mary Jane, and Reefer



Cannabis use may increase your risk for an earlier onset of psychotic disorders such as schizophrenia.