

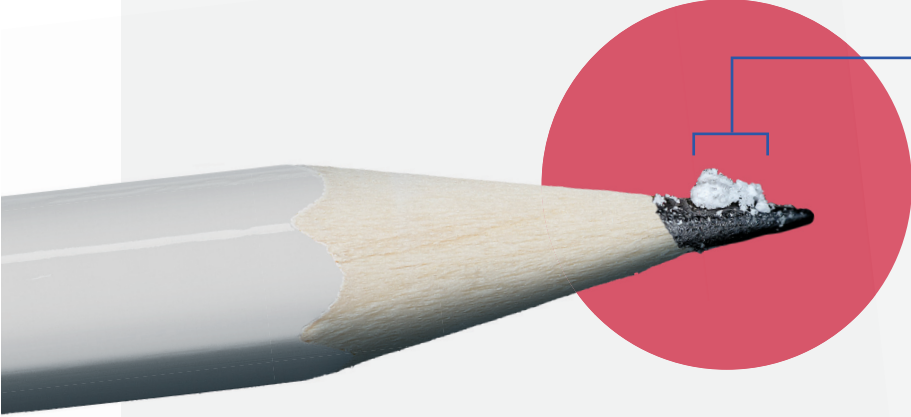
THE FACTS.YOUR FUTURE.

Just say no, and here's why...

It only takes
**two salt-sized
grains of fentanyl**
to kill someone.

Fentanyl is
**50 times
stronger**
than heroin.

Youth are **6.5 times
more likely to become
addicted** if they try
drugs before age 21.



LETHAL

A fentanyl overdose can happen in minutes or seconds, and lead to respiratory failure and death.

WHY IT MATTERS

- **Helping a Friend.** You may not be interested in experimenting with drugs or alcohol, but knowing the facts can help you protect a friend.
- **You Feel Pressured to Use Drugs.** If you feel pressured to use drugs and alcohol, there are things you can do to help you stand firm in your convictions.
- **Someone at Home Needs Help.** If someone at home shows signs of substance use, there is help. Reach out to a medical professional or trained counselor for possible next steps.

SIGNS OF AN OVERDOSE

- Unconsciousness or difficulty waking from sleep.
- Discoloration of lips or fingernails.
- Skin discoloration.
- Extreme confusion or paranoia.
- Abnormally low or high body temperature.
- Abnormally fast or slow breathing.
- Abnormally fast or slow heart rate.
- Vomiting.

If someone is showing signs of an overdose, administer naloxone and call 911.

Don't allow drugs, or the people who use them, to decide your future for you.