

# THE FACTS.YOUR FUTURE.

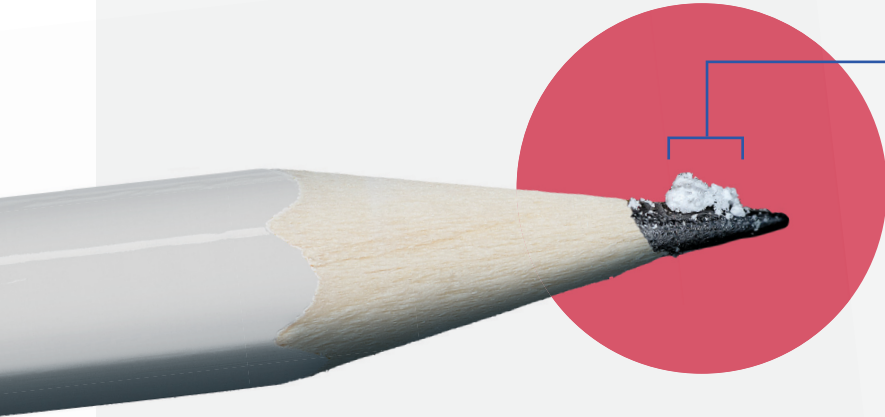
*Just say no, and here's why...*

It only takes  
**two salt-sized  
grains of fentanyl**  
to kill someone.

Fentanyl is  
**50 times  
stronger**  
than heroin.

Youth are **6.5 times  
more likely to become  
addicted** if they try  
drugs before age 21.

**LETHAL**



A fentanyl overdose can happen in  
minutes or seconds, and lead to  
respiratory failure and death.

## WHY IT MATTERS

- **Helping a Friend.** You may not be interested in experimenting with drugs or alcohol, but knowing the facts can help you protect a friend.
- **You Feel Pressured to Use Drugs.** If you feel pressured to use drugs and alcohol, there are things you can do to help you stand firm in your convictions.
- **Someone at Home Needs Help.** If someone at home shows signs of substance use, there is help. Reach out to a medical professional or trained counselor for possible next steps.

## SIGNS OF AN OVERDOSE

- Unconsciousness or difficulty waking from sleep.
- Discoloration of lips or fingernails.
- Skin discoloration.
- Extreme confusion or paranoia.
- Abnormally low or high body temperature.
- Abnormally fast or slow breathing.
- Abnormally fast or slow heart rate.
- Vomiting.

**If someone is showing signs of an overdose, administer naloxone and call 911.**

**Don't allow drugs, or the people who use them, to decide your future for you.**