

DRUG FACT SHEET

Drug and alcohol abuse in teens can lead to juvenile justice involvement such as fines, probation, juvenile detention, or jail. For all drugs, continued abuse can lead to addiction and other harmful effects, including death.



FENTANYL

Apache, Dance Fever, and Friend



THE FACTS

Seven out of 10 fentanyl-laced pills contain a potentially lethal dose of fentanyl.



THE EFFECTS

Short-Term: Nausea, dizziness, vomiting, confusion, trouble breathing, relaxation, euphoria, drowsiness

Long-Term: Clammy, skin discoloration, trouble breathing, death



BENZODIAZEPINES

Xannies, Tranks, and Benzos



THE FACTS

If you are dependent or addicted, abruptly stopping use of the drug can cause deadly withdrawal effects like seizures.



THE EFFECTS

Short-Term: Drowsiness, confusion, dizziness, impaired coordination

Long-Term: Serious memory issues, blackouts, mood swings, death



OPIOIDS

Hillbilly Heroin, Perc, and Oxy (oxycodone)



THE FACTS

Prescription opioids are easy to get, and many people don't realize they can be as harmful as illegal street drugs.



THE EFFECTS

Short-Term: Mood changes, anxiety, depression, euphoria, relaxation

Long-Term: Trouble breathing, death



AMPHETAMINES

Speed, Addies, and Amps



THE FACTS

Nearly half of teens with real prescriptions are approached by peers to sell or give away their medication.



THE EFFECTS

Short-Term: Higher blood pressure, difficulty sleeping, low appetite, exhaustion

Long-Term: Repetitive skin picking, psychosis, paranoia, death



MARIJUANA

Pot, Weed, Dope



THE FACTS

Regular use can harm the brain's ability to process new information.



THE EFFECTS

Short-Term: Slowed speech and reactions

Long-Term: Impacted brain development, loss of memory and problem-solving skills, trouble learning, impaired coordination, death



ALCOHOL

Booze, Juice, and Liquid Courage



THE FACTS

Mixing alcohol with energy drinks increases potential health risks.



THE EFFECTS

Short-Term: Slurred speech, lack of coordination, engage in risky behavior

Long-Term: Memory problems, weight gain, difficulty recovering from injury, damage to the liver, stomach, and heart, death



E-CIGARETTE

Vaping, Juuling



THE FACTS

Vaping liquid can contain chemical, solvents, and heavy metals such as nickel, lead, and tin.



THE EFFECTS

Short-Term: A buzz, higher heart rate, headache, dizziness, raised blood pressure

Long-Term: Addiction, impacted brain development, death

Just say no, and here's why...

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