



ALCOHOL

TYPE : **Depressant**

**Just say no,
and here's why...**

**THE
FACTS.
YOUR
FUTURE.**

Alcohol Facts

WHAT IT LOOKS LIKE

Alcoholic beverages are most often identified by their strong odors. This smell can be easily covered up, making it more difficult to identify.

DANGERS OF ALCOHOL

Alcohol negatively affects brain development. This can result in a variety of consequences, such as memory problems, increased irritability, health issues, poor academic performance, an increased risk of injury, and an increased risk of engaging in risky behaviors such as violent or delinquent behaviors and unsafe sex. It can also damage the liver, stomach, and heart, cause weight gain, and impair the body's ability to heal from injuries or illness.

DRINKING & DRIVING

Drinking and driving don't mix. Don't ever drive after drinking. Don't get in the car with someone who has been drinking, and do not let a friend drive after drinking.

- One person dies every 45 minutes in drunk-driving crashes.
- Those who begin drinking in their youth are seven times more likely to be in an alcohol-related crash.
- Alcohol-impaired driving traffic deaths are up by 14%, killing 11,654 people in 2020.
- One in four fatal crashes involves an underage impaired driver. Car crashes are a leading cause of death for teens.

COMMON NAMES: Booze, Juice, Liquid Courage

One in four fatal crashes involves an **underage impaired driver.**

People who start drinking before age 15 are **seven times more likely** to develop alcohol disorders as adults.

