### How to Get Help

If you know someone has issues with continued substance use, seek professional help. A doctor can screen for signs of drug use and related health conditions and suggest possible next steps. Other more immediate resources include:

#### 988 Florida Suicide & Crisis Lifeline

Call, text, or chat 988 to be connected to trained counselors who will listen, provide support, and connect you to additional resources if necessary.

MYFLFAMILIES.COM/ SUICIDEPREVENTION

#### **CORE Network**

A long-term substance use disorder recovery program designed to establish a coordinated system of care for those seeking treatment for substance use disorder.

**FLCORENETWORK.COM** 

#### **ISave Florida**

Drug overdose is a nationwide epidemic and an increasing number of Floridians are losing their lives to overdose - you can help save a life with naloxone.

**ISAVEFL.COM** 

#### **Local Services**

If you or someone you know is in need of substance abuse and/or mental health services, our local managing entities can help you locate available programs.

MYFLFAMILIES.COM/ SAMH-GET-HELP

# Addressing Prevention With Your Students

#### Listen

A student may come to you for advice, or you may notice concerning changes in behavior. Refrain from judgment. Listen, and try to learn more about what's going on.

### Talk early and often

Regular conversations about the risks of drugs and alcohol can help. Know your school's prevention plan, and address substance use in different ways throughout the year.

#### Start with the science

Discuss the mental and physical health impacts of drugs. Focus on the harm substance use can do to academics and relationships.

#### **Practice**

Consider taking time to role play various scenarios about coping with stress, what to do if a friend offers you drugs or alcohol, or what to do if a friend needs help.

The Facts. Your Future. is a multifaceted initiative led by Florida's First Lady Casey DeSantis to heighten youth understanding of the dangerous and life-altering effects of substance use.

Get more facts about **Fentanyl** 

TheFactsYourFuture.org





### **Fentanyl Facts**

### **OVERVIEW**

Fentanyl is an incredibly strong, man-made painkiller approved by the FDA for pain relief and anesthesia. It is about 100 times stronger than morphine and 50 times stronger than heroin. The presence of fentanyl in many fake prescription pills has contributed to rapidly increasing rates of teen overdose deaths.

### **APPEARANCE**

Illegal fentanyl looks like powder. This tasteless, odorless substance can be added to fake tablets or mixed with other drugs like heroin or cocaine, often without the user knowing it's there. According to DEA lab testing, 6 out of 10 fentanyl-laced pills contain a potentially lethal dose of the drug. Legal fentanyl products come in different forms, like "lollipop" lozenges, dissolvable tablets, under-the-tongue tablets, mouth sprays, nasal sprays, skin patches, and injections.

# HOW IT'S USED

Fentanyl can be injected, sniffed, smoked, swallowed as a pill, or placed on blotter paper.



Drug dealers add fentanyl to pills that resemble common prescription medications such as Xanax, Adderall, and Oxycontin.

Fentanyl is contributing to higher teen overdose rates, despite overall declines in drug use.

### MIND & BODY EFFECTS

Fentanyl, similar to other common opioid painkillers, produces effects such as relaxation, euphoria, pain relief, sedation, confusion, drowsiness, dizziness, nausea, vomiting, urinary retention, small pupils, and respiratory depression.

An overdose of illegal fentanyl can cause someone to become very sleepy, have small pupils, cold and clammy skin, skin discoloration, slip into a coma, or have trouble breathing, which can lead to death. If a person shows signs of a coma, pinpoint pupils, and slowed breathing, they might have been poisoned by an opioid.

# **COMMON NAMES**

Apache China Girl China Town Crazy One Dance Fever Dragon's Breath

Fire

Friend Goodfella

**Great Bear** 

He-Man

Heineken

Jackpot King Ivory

Murder 8

Nal Nil

Tango & Cash

TNT



When fentanyl is added to other drugs, it makes them more powerful, more addictive, and more dangerous.

Teachers should incorporate the facts about fentanyl into substance use and abuse education materials, and when possible, encourage parents and caregivers to talk with teens about the risks of fentanyl.

